

1. 50 m Libre Feminino

20+										
1	1037173	GONZALEZ BLANCO PATRICIA	2000	MOLEMOS	28.05	M 25	2023-11-05	Monforte		13
2	1037951	SOILAN FERNANDEZ RAQUEL	2001	CFVLUGO	28.77	M 25	2023-11-05	Monforte		10
3	1038179	IBAÑEZ CARRERA SARA	2001	NPONTEA	30.09	M 25	2023-11-19	ÁLVARO PINO		8
4	1076336	BLANCO PEREZ LAURA	2004	NPONTEA	31.32	M 25	2023-11-19	ÁLVARO PINO		7
5	1140796	DIAZ DOPICO SABELA	2002	CNFERRO	32.08	M 25	2023-11-05	CARBALLO CALERO		6
6	1144257	FERNANDEZ GONZALEZ ELENA	2001	HERCULES	32.11	M 25	2023-11-05	CARBALLO CALERO		5
7	1228009	SOUTIÑO RAMIREZ CARMEN VICTORIA	2001	POR-MIÑA	33.13	M 25	2023-11-05	Monforte		4
8	1199453	FILGUEIRAS OLMO HELENA	2004	POR-MIÑA	33.16	M 25	2023-11-05	Monforte		3
9	1076318	LEMONS FERNANDEZ ZAIRA	2002	NPONTEA	33.29	M 25	2023-11-19	ÁLVARO PINO		2
10	1039023	GARCIA RODRIGUEZ UXIA	2000	MOLEMOS	33.89	M 25	2023-11-05	Monforte		1
11	1143380	SUAREZ GARCIA MARTA	2003	RBAIXAS	35.91	M 25	2023-11-19	ÁLVARO PINO		0
25+										
1	1115615	PASCUAL GUTIERREZ MARIA TERESA	1998	HERCULES	28.23	M 25	2023-11-05	CARBALLO CALERO		13
2	1130789	GARCIA MIGUEZ ROSALIA	1998	GALAICO	31.01	M 25	2023-11-19	ÁLVARO PINO		10
3	1037987	MENDEZ SEIJO NEREA	1999	RBAIXAS	32.41	M 25	2023-11-19	ÁLVARO PINO		8
4	1198880	LOPEZ RODRIGUEZ AROA	1997	POR-MIÑA	32.62	M 25	2023-11-05	Monforte		7
5	1038608	SUAREZ GARCIA SOFIA	1997	RBAIXAS	32.73	M 25	2023-11-19	ÁLVARO PINO		6
6	1038929	GONZALEZ AVENDAÑO LUCIA	1999	GALAICO	33.09	M 25	2023-11-19	ÁLVARO PINO		5
7	1145008	GONZALEZ PEREZ PAULA	1996	NPONTEA	37.07	M 25	2023-11-19	ÁLVARO PINO		4
8	1238682	BARCA PENSADO MARIA	1996	ADFOGAR	39.35	M 25	2023-11-05	CARBALLO CALERO		3
9	1243122	DARRIBA CASTRO MARIA	1996	RBAIXAS	42.32	M 25	2023-11-19	ÁLVARO PINO		2
10	1222772	RODRIGUEZ-TOUBES FORRYAN IRENE	1999	NPONTEA	53.95	M 25	2023-11-19	ÁLVARO PINO		1
30+										
1	1116506	RAMOS LOBO RAQUEL	1993	POR-MIÑA	30.73	M 25	2023-11-05	Monforte		13
2	1084711	DOPEREIRO GARCIA ALBA	1990	NCORUÑA	31.37	M 25	2023-11-05	CARBALLO CALERO		10
3	1236745	RODRIGUEZ GONZÁLEZ RAQUEL	1993	MOLEMOS	34.26	M 25	2023-11-05	Monforte		8
4	1237382	MUIÑO ANDREA	1991	NCORUÑA	34.67	M 25	2023-11-05	CARBALLO CALERO		7
5	1243197	GANDARA SUAREZ TANIA	1993	CNORDES	36.95	M 25	2023-11-05	Monforte		6
6	1221892	OTERO FERNANDEZ MARIA LUISA	1993	SALESTRA	37.57	M 25	2023-11-05	Monforte		5
7	1204918	MARTINEZ GARCIA SUSANA	1991	MOLEMOS	37.74	M 25	2023-11-05	Monforte		4
8	1040719	CUBA KOSTER ESMERALDA	1992	CNXOVE	38.38	M 25	2023-11-05	Monforte		3
9	1221887	CARRERA PEREZ CAROLINA	1994	CNMOS	38.81	M 25	2023-11-19	ÁLVARO PINO		2
10	1247615	ALONSO PEREIRA FATIMA	1993	RBAIXAS	39.07	M 25	2023-11-19	ÁLVARO PINO		1
11	1215890	FERNANDEZ PARADA CLARA	1993	POURENSE	59.90	M 25	2023-11-05	Monforte		0
35+										
1	1193947	ALCALDE BALADO TANIA	1986	CIDSANTI	30.87	M 25	2023-11-05	CARBALLO CALERO		13

2	1224939	VÁZQUEZ FUENTES CINTIA	1987	MOLEMOS	33.13	M 25	2023-11-05	Monforte	10
3	1144155	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	33.90	M 25	2023-11-19	ÁLVARO PINO	8
4	1243130	TORRE GONZALEZ ELISA	1985	RBAIXAS	38.27	M 25	2023-11-19	ÁLVARO PINO	7
5	1147098	SANTOS DA GRACA FRANCELINA	1987	ADFOGAR	42.06	M 25	2023-11-05	CARBALLO CALERO	6
6	1243119	COMESAÑA REGUEIRA MIRIAM	1989	RBAIXAS	42.33	M 25	2023-11-19	ÁLVARO PINO	5
7	1110693	FERNANDEZ GUARDIOLA LOIRA	1989	NPONTEA	52.25	M 25	2023-11-19	ÁLVARO PINO	4
40+									
1	1075221	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	31.77	M 25	2023-11-05	CARBALLO CALERO	13
2	1236642	ABBATEMARCO CRISTINA	1984	SALESTRA	35.07	M 25	2023-11-05	Monforte	10
3	1144200	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	37.48	M 25	2023-11-19	ÁLVARO PINO	8
4	1244421	DE MARTIN MIGUEL ANA ASUNCIÓN	1980	ESCUALOS	37.54	M 25	2023-11-05	Monforte	7
5	1144598	OLMO VAQUEIRO LETICIA	1981	NPONTEA	41.33	M 25	2023-11-19	ÁLVARO PINO	6
6	1145082	FARIÑA SOUSA NOEMI	1983	GALAICO	41.66	M 25	2023-11-19	ÁLVARO PINO	5
7	1093456	RAMIREZ INSUA JULIA	1983	RSDH	44.04	M 25	2023-11-05	CARBALLO CALERO	4
8	1075224	BROZOS VAZQUEZ ELENA MARÍA	1982	CIDSANTI	44.98	M 25	2023-11-05	CARBALLO CALERO	3
45+									
1	1221213	CAGIAO RODRIGUEZ NATALIA	1978	CASINOC	34.91	M 25	2023-11-05	CARBALLO CALERO	13
2	1205780	ROMAR GASALLA AURORA FATIMA	1977	CMARINA	35.59	M 25	2023-11-05	CARBALLO CALERO	10
3	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	36.91	M 25	2023-11-05	Monforte	8
4	1236743	RIVAS RODRIGUEZ LUCIA	1979	NCORUÑA	40.59	M 25	2023-11-05	CARBALLO CALERO	7
5	1224731	RIVEIRA CAAMAÑO REBECA	1977	CNORDES	40.69	M 25	2023-11-05	Monforte	6
6	1217442	VILLASANTE ARMAS MARIA ROSA	1975	NCORUÑA	41.92	M 25	2023-11-05	CARBALLO CALERO	5
7	1144074	SERRANO AVENDAÑO SILVIA	1975	CTRAVIE	43.99	M 25	2023-11-19	ÁLVARO PINO	4
8	1204397	ESCUDERO FERNÁNDEZ RAQUEL	1977	MOLEMOS	44.55	M 25	2023-11-05	Monforte	3
9	1178771	BESADA FERNÁNDEZ ANA M.	1978	NPONTEA	46.30	M 25	2023-11-19	ÁLVARO PINO	2
10	1239790	CARBALLEIRA LOIS BARBARA	1976	ESCUALOS	49.20	M 25	2023-11-05	Monforte	1
50+									
1	1172138	ROIG SANCHEZ BLANCA ANA	1974	RBAIXAS	37.51	M 25	2023-11-19	ÁLVARO PINO	13
2	1207084	MAZAIRO CASTRO CARMEN	1973	ESCUALOS	38.47	M 25	2023-11-05	Monforte	10
3	1075503	DE LA MONTAÑA ALCANTARA GLORIA	1973	RSDH	38.86	M 25	2023-11-05	CARBALLO CALERO	8
4	1202971	PEREZ PEREZ SONIA	1972	ESCUALOS	39.00	M 25	2023-11-05	Monforte	7
5	1039438	RODRIGUEZ REY MARIA J.	1973	ADFOGAR	39.01	M 25	2023-11-05	CARBALLO CALERO	6
6	1076524	SOUSA CARNEIRO ROSANA	1971	CNMOS	41.27	M 25	2023-11-19	ÁLVARO PINO	5
7	1127346	SOBRINO EIRIZ MARIA DEL VALLE	1972	NPONTEA	42.31	M 25	2023-11-19	ÁLVARO PINO	4
8	1076525	SOUSA CARNEIRO ALICIA	1974	CNMOS	46.07	M 25	2023-11-19	ÁLVARO PINO	3
55+									
1	1075200	JIMENEZ PEREZ VICTORIA	1969	CNFERRO	38.56	M 25	2023-11-05	CARBALLO CALERO	13
2	1147048	REGUEIRO RODRIGUEZ ANA	1966	RBAIXAS	40.18	M 25	2023-11-19	ÁLVARO PINO	10
3	1037970	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	42.31	M 25	2023-11-19	ÁLVARO PINO	8
4	1199642	GARNACHO GAYARRE NURIA	1969	CASINOC	44.14	M 25	2023-11-05	CARBALLO CALERO	7

5	1145007	MELON PARENTE M. LOURDES	1969	NPONTEA	57.79	M 25	2023-11-19	ÁLVARO PINO	6
60+									
1	1145099	LOPEZ MAHIA PURIFICACION	1963	HERCULES	41.92	M 25	2023-11-05	CARBALLO CALERO	13
2	1144231	PEREZ GALLARDO TERESA	1964	POURENSE	1:01.50	M 25	2023-11-05	Monforte	10
65+									
1	1076494	SUEIRO COSTAS Mª CARMEN	1956	NPONTEA	1:05.17	M 25	2023-11-19	ÁLVARO PINO	13
2	1249213	GUARDIOLA MEDEL NURIA	1956	NPONTEA	1:29.44	M 25	2023-11-19	ÁLVARO PINO	10
70+									
1	1076490	GONZALEZ-ALEGRE BURGUEÑO ANA MARIA	1952	CTRAVIE	45.43	M 25	2023-11-19	ÁLVARO PINO	13
75+									
1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	1:24.60	M 25	2023-11-19	ÁLVARO PINO	13
2	1249735	LOPEZ GONZALEZ ROSA	1949	RBAIXAS	1:52.42	M 25	2023-11-19	ÁLVARO PINO	10
80+									
1	1143507	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	2:08.75	M 25	2023-11-19	ÁLVARO PINO	13

2. 50 m Libre Masculino

20+										
1	1217804	SUAREZ URRUZOLA LEO	2000	CIDSANTI	25.48	M 25	2023-11-05	CARBALLO CALERO	13	
2	1076409	CANCELA GOMEZ HUGO	2003	NPONTEA	26.28	M 25	2023-11-19	ÁLVARO PINO	10	
3	1130804	CASTRO RODRIGUEZ FRANCISCO	2000	GALAICO	27.79	M 25	2023-11-19	ÁLVARO PINO	8	
4	1097741	GONZÁLEZ MARTÍNEZ CRISTIAN	2003	ARTEIXO	28.85	M 25	2023-11-05	CARBALLO CALERO	7	
5	1075385	DIZ NIEVES DAVID	2004	CNFERRO	30.31	M 25	2023-11-05	CARBALLO CALERO	6	
6	1142927	FERNANDEZ GARCIA JACOBO	2001	GALAICO	30.73	M 25	2023-11-19	ÁLVARO PINO	5	
25+										
1	1037154	LOSADA JIMENEZ ALVARO	1999	CNFERRO	25.02	M 25	2023-11-05	CARBALLO CALERO	13	
2	1037180	CARRERA COSTAS MARTIN	1996	NPONTEA	26.71	M 25	2023-11-19	ÁLVARO PINO	10	
3	1039755	RIVAS MACEIRAS ISAAC	1999	HERCULES	27.10	M 25	2023-11-05	CARBALLO CALERO	8	
4	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	29.18	M 25	2023-11-19	ÁLVARO PINO	7	
5	1039270	TRILLO RODRIGUEZ ADRIAN	1997	CNMOS	30.59	M 25	2023-11-19	ÁLVARO PINO	6	
30+										
1	1093472	DEL RIO REGUEIRA MARCOS	1993	ARTEIXO	25.39	M 25	2023-11-05	CARBALLO CALERO	13	
2	1110674	BORRAZAS RUMBO MANUEL	1993	NCORUÑA	25.42	M 25	2023-11-05	CARBALLO CALERO	10	
3	1093458	MUIÑO ALONSO ANTON	1994	NCORUÑA	25.98	M 25	2023-11-05	CARBALLO CALERO	8	
4	1093473	DEL RIO REGUEIRA RUBEN	1993	ARTEIXO	26.19	M 25	2023-11-05	CARBALLO CALERO	7	
5	1037284	SABUZ FORNEIRO MARTIN	1994	POURENSE	26.69	M 25	2023-11-05	Monforte	6	
6	1107418	LAGO LOPEZ DIEGO	1991	NCORUÑA	27.22	M 25	2023-11-05	CARBALLO CALERO	5	
7	1249168	IGLESIAS DE LEON CRISTIAN	1994	NCORUÑA	30.49	M 25	2023-11-05	CARBALLO CALERO	4	
8	1249224	GONZALEZ SANCHEZ LUIS FEDERICO	1992	CIDSANTI	32.06	M 25	2023-11-05	CARBALLO CALERO	3	
9	1241139	DIÉGUEZ GONZALEZ BRUNO	1990	CIDSANTI	32.37	M 25	2023-11-05	CARBALLO CALERO	2	
10	1076271	NOVALES BLANCO XABIER	1991	RBAIXAS	33.69	M 25	2023-11-19	ÁLVARO PINO	1	
11	1236744	ALVAREZ CASTRO TEODORO	1990	MOLEMOS	33.73	M 25	2023-11-05	Monforte	0	
12	1241602	FONTAN SEIJO ADRIAN	1993	CNMOS	34.63	M 25	2023-11-19	ÁLVARO PINO	0	
13	1078909	RODRIGUEZ BALIÑA MAURO	1990	NPONTEA	37.60	M 25	2023-11-19	ÁLVARO PINO	0	
14	1222771	LAGO GONZALEZ IVAN	1993	NPONTEA	44.98	M 25	2023-11-19	ÁLVARO PINO	0	
35+										
1	1226234	COTELO SENANDE ALBERTO	1988	ADFOGAR	29.24	M 25	2023-11-05	CARBALLO CALERO	13	
2	1218108	IGLESIAS LAPIDO MIGUEL	1985	CFVLUGO	29.49	M 25	2023-11-05	Monforte	10	
3	1203519	KRUGLOV MYKOLA	1985	ESCUALOS	29.55	M 25	2023-11-05	Monforte	8	
4	1023057	PEREZ VAZQUEZ TELMO	1988	CMARINA	29.76	M 25	2023-11-05	CARBALLO CALERO	7	
5	1240711	MIRAS LOPEZ RAUL	1987	NCORUÑA	29.92	M 25	2023-11-05	CARBALLO CALERO	6	
6	1097263	LAMEIRO SEOANE JAVIER	1987	HERCULES	30.04	M 25	2023-11-05	CARBALLO CALERO	5	
7	1191119	CAO LAGO PABLO	1987	RBAIXAS	30.27	M 25	2023-11-19	ÁLVARO PINO	4	
8	1198278	MANEIRO BETANZOS JAVIER	1985	ESCUALOS	31.08	M 25	2023-11-05	Monforte	3	

9	1086708	ABUIN ARES MANUEL	1987	CIDSANTI	31.14	M 25	2023-11-05	CARBALLO CALERO	2
10	1145090	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	32.99	M 25	2023-11-19	ÁLVARO PINO	1
11	1241048	PUIG GONZALEZ PABLO	1986	CASINOC	34.06	M 25	2023-11-05	CARBALLO CALERO	0
12	1219495	LAGO CARRERA RAMON	1985	RBAIXAS	35.13	M 25	2023-11-19	ÁLVARO PINO	0
13	1236854	GIRALDEZ VILLANUEVA IVAN	1987	NPONTEA	56.13	M 25	2023-11-19	ÁLVARO PINO	0
40+									
1	1228089	MERA MONTECELOS PABLO	1983	HERCULES	27.00	M 25	2023-11-05	CARBALLO CALERO	13
2	1079215	MENDES FERRAS ARTUR LEONEL	1981	MOLEMOS	28.70	M 25	2023-11-05	Monforte	10
3	1182358	CANOSA RODRÍGUEZ JUAN JOSÉ	1980	NTNARON	29.05	M 25	2023-11-05	CARBALLO CALERO	8
4	1038961	MARTINEZ PENA ADRIAN	1983	ADFOGAR	30.20	M 25	2023-11-05	CARBALLO CALERO	7
5	1143899	PEREZ LOPEZ MANUEL	1981	ESCUALOS	31.08	M 25	2023-11-05	Monforte	6
6	1224733	ARANGO GAYAR SAUL	1980	RBAIXAS	31.24	M 25	2023-11-19	ÁLVARO PINO	5
7	1143702	GUTIERREZ COSTAS OSCAR	1982	RBAIXAS	31.40	M 25	2023-11-19	ÁLVARO PINO	4
8	1086712	FREIRE DONADO GUILLERMO	1984	CIDSANTI	31.76	M 25	2023-11-05	CARBALLO CALERO	3
9	1238677	MARIÑO GONZALEZ RAMÓN	1980	POURENSE	36.29	M 25	2023-11-05	Monforte	2
10	1224734	SOTO REGUEIRA ROI	1983	RBAIXAS	36.64	M 25	2023-11-19	ÁLVARO PINO	1
11	1243125	FERNANDEZ GONZALEZ IAGO	1983	RBAIXAS	37.29	M 25	2023-11-19	ÁLVARO PINO	0
12	1204315	TORRES FRAILE EMILIO	1984	MOLEMOS	37.69	M 25	2023-11-05	Monforte	0
13	1238132	FIDALGO SERRANO MANUEL A.	1981	CTRAVIE	38.53	M 25	2023-11-19	ÁLVARO PINO	0
14	1239346	CASTIÑEIRAS ACUÑA MIGUEL ANGEL	1981	GALAICO	38.65	M 25	2023-11-19	ÁLVARO PINO	0
45+									
1	1076560	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	27.60	M 25	2023-11-19	ÁLVARO PINO	13
2	1143601	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	27.96	M 25	2023-11-05	Monforte	10
3	1024675	IGLESIAS GOMEZ GONZALO	1979	HERCULES	28.07	M 25	2023-11-05	CARBALLO CALERO	8
4	1243174	SONEIRA REBOREDO OSCAR	1975	CIDSANTI	28.08	M 25	2023-11-05	CARBALLO CALERO	7
5	1244353	TATO FUENTES VICTOR	1979	ADFOGAR	29.21	M 25	2023-11-05	CARBALLO CALERO	6
6	1093446	VAZQUEZ IGLESIAS DANIEL	1979	RBAIXAS	29.54	M 25	2023-11-19	ÁLVARO PINO	5
7	1175127	MASSO AGUADO JORGE	1976	RBAIXAS	30.43	M 25	2023-11-19	ÁLVARO PINO	4
8	1010047	GARCIA REBOLO ALEJANDRO	1975	POURENSE	30.57	M 25	2023-11-05	Monforte	3
9	1143662	BALSA MOSQUERA PABLO	1978	CMARINA	30.58	M 25	2023-11-05	CARBALLO CALERO	2
10	1076564	CABANELAS EIRAS PABLO	1979	CIDSANTI	31.06	M 25	2023-11-05	CARBALLO CALERO	1
11	1078611	MARTIN MONTERO MANUEL JOSE	1977	ARTEIXO	31.14	M 25	2023-11-05	CARBALLO CALERO	0
12	1144297	LAMAS SOTO CESAR	1975	CULLERED	31.56	M 25	2023-11-05	CARBALLO CALERO	0
13	1192271	MOURIÑO FORTES VICTOR MANUEL	1977	NPONTEA	31.75	M 25	2023-11-19	ÁLVARO PINO	0
14	1218110	HERMIDA SALIDO GUSTAVO	1977	NTNARON	32.15	M 25	2023-11-05	CARBALLO CALERO	0
15	1224729	FERNADEZ BARREIROS CLAUDIO	1975	CNORDES	32.57	M 25	2023-11-05	Monforte	0
16	1144181	PEREZ CARRERA ELIAS	1979	RBAIXAS	32.83	M 25	2023-11-19	ÁLVARO PINO	0
17	1201621	ALONSO ORTIZ MARIANO	1976	CFVLUGO	33.70	M 25	2023-11-05	Monforte	0
18	1141502	TRONCOSO CAAMAÑO FERNANDO	1975	ESCUALOS	33.82	M 25	2023-11-05	Monforte	0
19	1144269	LOPEZ PAYO MARIO	1977	SALESTRA	34.44	M 25	2023-11-05	Monforte	0
20	1144591	GOMEZ SANCHEZ OSCAR MANUEL	1979	NPONTEA	35.60	M 25	2023-11-19	ÁLVARO PINO	0
21	1197558	FERNANDEZ FERNANDEZ MIGUEL ANGEL	1977	RBAIXAS	38.52	M 25	2023-11-19	ÁLVARO PINO	0

50+												
1	1076544	GARABATOS RODRIGUEZ SANTIAGO	1974	CNMOS	26.19	M 25	2023-11-19	ÁLVARO PINO	13			
2	1180192	SAAVEDRA GONZÁLEZ RAUL	1973	HERCULES	27.69	M 25	2023-11-05	CARBALLO CALERO	10			
3	1146934	DIEGUEZ ARANDA HECTOR	1973	POR-MIÑA	29.16	M 25	2023-11-05	Monforte	8			
4	1076538	FUENTES FERNANDEZ EUGENIO	1972	RBAIXAS	30.95	M 25	2023-11-19	ÁLVARO PINO	7			
5	1197597	HERNAEZ OUBIÑA DAVID	1973	CULLERED	31.24	M 25	2023-11-05	CARBALLO CALERO	6			
6	1084040	GARCIA CASTIÑEIRA DANIEL	1974	GALAICO	31.58	M 25	2023-11-19	ÁLVARO PINO	5			
7	1141356	GENDE DIAZ JUAN F.	1970	ADFOGAR	32.51	M 25	2023-11-05	CARBALLO CALERO	4			
8	1171462	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	32.54	M 25	2023-11-19	ÁLVARO PINO	3			
9	1075597	RODRIGUEZ BALIÑA MARCOS	1971	NPONTEA	32.62	M 25	2023-11-19	ÁLVARO PINO	2			
10	1195570	TERREN ENRUBIA LUCIO A	1970	RBAIXAS	34.34	M 25	2023-11-19	ÁLVARO PINO	1			
11	1141071	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	35.37	M 25	2023-11-19	ÁLVARO PINO	0			
12	1145039	FERREIRO SANCHEZ LUIS	1970	POURENSE	40.26	M 25	2023-11-05	Monforte	0			
13	1251199	BLAINE QUIGLEY GREGORY	1971	GALAICO	48.28	M 25	2023-11-19	ÁLVARO PINO	0			
55+												
1	1076516	JORGE IGLESIAS MARCELINO	1966	RBAIXAS	29.96	M 25	2023-11-19	ÁLVARO PINO	13			
2	1141209	DE LA PAZ VIGO AGUSTIN A.	1966	CMARINA	33.18	M 25	2023-11-05	CARBALLO CALERO	10			
3	1246079	ESPESO LANCE JUAN CARLOS	1966	CMARINA	35.04	M 25	2023-11-05	CARBALLO CALERO	8			
4	1193949	LAMELO OTERO RAMÓN JESUS	1968	CIDSANTI	37.73	M 25	2023-11-05	CARBALLO CALERO	7			
5	1203919	CRESPO PIÑEIRO NATALIO	1969	RBAIXAS	39.20	M 25	2023-11-19	ÁLVARO PINO	6			
6	1106827	GARCIA AÑON J. RAFAEL	1967	ADFOGAR	40.86	M 25	2023-11-05	CARBALLO CALERO	5			
7	1075593	PIROSCIA PENADO JOSE	1966	POR-MIÑA	41.16	M 25	2023-11-05	Monforte	4			
8	1180249	SUAREZ FREIRE DAVID MANUEL	1968	RBAIXAS	47.28	M 25	2023-11-19	ÁLVARO PINO	3			
60+												
1	1076173	FERNANDEZ NUÑEZ SANTIAGO	1963	CIDSANTI	28.56	M 25	2023-11-05	CARBALLO CALERO	13			
2	1076250	BETHENCOURT IGLESIAS SERGIO	1963	GALAICO	31.81	M 25	2023-11-19	ÁLVARO PINO	10			
3	1040281	MARTINEZ BERJANO JOSE MANUEL	1963	MOLEMOS	35.13	M 25	2023-11-05	Monforte	8			
4	1053394	SANJORGE PEDREIRA CARMELO	1962	ARTEIXO	39.20	M 25	2023-11-05	CARBALLO CALERO	7			
5	1143536	BLANCO PEREZ ANGEL	1964	POURENSE	40.26	M 25	2023-11-05	Monforte	6			
6	1207046	BARRERAS GARCIA REBOREDO JUAN FELIX	1961	RBAIXAS	50.36	M 25	2023-11-19	ÁLVARO PINO	5			
7	1076514	LAGO REY JOSE MANUEL	1963	RBAIXAS	56.13	M 25	2023-11-19	ÁLVARO PINO	4			
65+												
1	1174449	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	32.42	M 25	2023-11-05	CARBALLO CALERO	13			
2	1048207	ROS ROSILLO ALEJANDRO	1958	RBAIXAS	37.08	M 25	2023-11-19	ÁLVARO PINO	10			
3	1141150	RODRIGUEZ VIEITO RICARDO M.	1957	CNMOS	37.93	M 25	2023-11-19	ÁLVARO PINO	8			
4	1222391	AREA PEREIRA JOSE MANUEL	1957	GALAICO	46.16	M 25	2023-11-19	ÁLVARO PINO	7			
70+												
1	1075190	SUANZES PEREZ FERNANDO	1953	HERCULES	35.78	M 25	2023-11-05	CARBALLO CALERO	13			
2	1076165	GARCIA COLOMO MANUEL RAMON	1954	POURENSE	36.95	M 25	2023-11-05	Monforte	10			



LIGA GALEGA MÁSTER XOR. 1 (UNIFICADOS)

Federación Galega de Natación

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FEGAN

3	1076493	ANDRES GONZALEZ RAMIRO J. E.	1954	CTRAVIE	39.87	M 25	2023-11-19	ÁLVARO PINO	8
4	1076488	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	40.10	M 25	2023-11-19	ÁLVARO PINO	7
5	1240096	IVANCHENKO YURII	1953	POURENSE	41.79	M 25	2023-11-05	Monforte	6
75+									
1	1247512	VILLORIA CARAMES ALEJANDRO	1945	CTRAVIE	52.08	M 25	2023-11-19	ÁLVARO PINO	13
80+									
1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:13.19	M 25	2023-11-19	ÁLVARO PINO	13

3. 50 m Costas Feminino

20+										
1	1037173	GONZALEZ BLANCO PATRICIA	2000	MOLEMOS	32.54	M 25	2023-11-05	Monforte		13
2	1228009	SOUTIÑO RAMIREZ CARMEN VICTORIA	2001	POR-MIÑA	37.35	M 25	2023-11-05	Monforte		10
3	1039023	GARCIA RODRIGUEZ UXIA	2000	MOLEMOS	38.07	M 25	2023-11-05	Monforte		8
4	1076318	LEMONS FERNANDEZ ZAIRA	2002	NPONTEA	40.26	M 25	2023-11-19	ÁLVARO PINO		7
5	1194207	VALIÑO FERRAZ TATYANA	2003	NPONTEA	40.62	M 25	2023-11-19	ÁLVARO PINO		6
6	1203517	CABALEIRO FREIRIA LARA	2001	NPONTEA	43.83	M 25	2023-11-19	ÁLVARO PINO		5
7	1111470	GARCÉS FERNÁNDEZ EREA	2003	RBAIXAS	44.92	M 25	2023-11-19	ÁLVARO PINO		4
25+										
1	1039634	LAGO CASTILLO NATALIA	1999	NCORUÑA	34.93	M 25	2023-11-05	CARBALLO CALERO		13
2	1039096	LAGO LOPEZ RAQUEL	1995	RBAIXAS	35.18	M 25	2023-11-19	ÁLVARO PINO		10
3	1198880	LOPEZ RODRIGUEZ AROA	1997	POR-MIÑA	39.92	M 25	2023-11-05	Monforte		8
4	1222772	RODRIGUEZ-TOUBES FORRYAN IRENE	1999	NPONTEA	1:14.15	M 25	2023-11-19	ÁLVARO PINO		7
30+										
1	1093459	FRANCO CAL ALBA	1991	CFVLUGO	31.38	M 25	2023-11-05	Monforte		13
2	1041452	BEN CILLERO SABELA	1992	CNXOVE	37.66	M 25	2023-11-05	Monforte		10
3	1084711	DOPEREIRO GARCIA ALBA	1990	NCORUÑA	38.64	M 25	2023-11-05	CARBALLO CALERO		8
4	1237382	MUIÑO ANDREA	1991	NCORUÑA	41.72	M 25	2023-11-05	CARBALLO CALERO		7
5	1236745	RODRIGUEZ GONZÁLEZ RAQUEL	1993	MOLEMOS	42.45	M 25	2023-11-05	Monforte		6
6	1040457	FREIJO LÓPEZ LUCÍA	1992	NCORUÑA	42.71	M 25	2023-11-05	CARBALLO CALERO		5
7	1221887	CARRERA PEREZ CAROLINA	1994	CNMOS	44.78	M 25	2023-11-19	ÁLVARO PINO		4
8	1247615	ALONSO PEREIRA FATIMA	1993	RBAIXAS	46.76	M 25	2023-11-19	ÁLVARO PINO		3
9	1040719	CUBA KOSTER ESMERALDA	1992	CNXOVE	48.10	M 25	2023-11-05	Monforte		2
10	1191499	GONZALEZ MACIA ALBA	1994	MOLEMOS	51.30	M 25	2023-11-05	Monforte		1
11	1202705	MARTINEZ BARCIELA MARIA OLGA	1990	RBAIXAS	1:10.12	M 25	2023-11-19	ÁLVARO PINO		0
35+										
1	1212097	LOUREIRO AMOR BELEN MARTINA	1988	NTNARON	33.94	M 25	2023-11-05	CARBALLO CALERO		13
2	1040731	GESTO ALONSO CLARISA	1989	NPONTEA	38.35	M 25	2023-11-19	ÁLVARO PINO		10
3	1144894	VINAGRE SENDINO CORA	1988	CASINOC	38.92	M 25	2023-11-05	CARBALLO CALERO		8
4	1144948	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	44.53	M 25	2023-11-19	ÁLVARO PINO		7
5	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	44.57	M 25	2023-11-05	Monforte		6
6	1093454	PINO AGUIRRE CRISTINA	1988	TRICORUÑ	44.93	M 25	2023-11-05	CARBALLO CALERO		5
40+										
1	1143597	SANCHEZ LEDO CIRA	1981	ESCUALOS	42.30	M 25	2023-11-05	Monforte		13
2	1146780	DURÁN VEIRAS RAQUEL	1984	ARTEIXO	42.50	M 25	2023-11-05	CARBALLO CALERO		10
3	1236642	ABBATEMARCO CRISTINA	1984	SALESTRA	45.59	M 25	2023-11-05	Monforte		8

4	1075224	BROZOS VAZQUEZ ELENA MARÍA	1982	CIDSANTI	59.86	M 25	2023-11-05	CARBALLO CALERO	7
45+									
1	1205780	ROMAR GASALLA AURORA FATIMA	1977	CMARINA	40.88	M 25	2023-11-05	CARBALLO CALERO	13
2	1144051	DIEGUEZ VARELA CARINA	1977	RBAIXAS	48.29	M 25	2023-11-19	ÁLVARO PINO	10
3	1178775	COVELO SAAVEDRA NAHIR	1978	NPONTEA	49.29	M 25	2023-11-19	ÁLVARO PINO	8
4	1217442	VILLASANTE ARMAS MARIA ROSA	1975	NCORUÑA	50.17	M 25	2023-11-05	CARBALLO CALERO	7
5	1204397	ESCUDERO FERNÁNDEZ RAQUEL	1977	MOLEMOS	54.16	M 25	2023-11-05	Monforte	6
6	1144074	SERRANO AVENDAÑO SILVIA	1975	CTRAVIE	54.98	M 25	2023-11-19	ÁLVARO PINO	5
7	1223050	ANDON YAÑEZ LORENA	1978	CASINOC	1:00.77	M 25	2023-11-05	CARBALLO CALERO	4
50+									
1	1147115	HERNANDEZ ALFAGEME RITA	1971	RBAIXAS	44.85	M 25	2023-11-19	ÁLVARO PINO	13
2	1172138	ROIG SANCHEZ BLANCA ANA	1974	RBAIXAS	45.91	M 25	2023-11-19	ÁLVARO PINO	10
3	1076524	SOUSA CARNEIRO ROSANA	1971	CNMOS	48.92	M 25	2023-11-19	ÁLVARO PINO	8
4	1076525	SOUSA CARNEIRO ALICIA	1974	CNMOS	59.13	M 25	2023-11-19	ÁLVARO PINO	7
5	1143584	FERNANDEZ SESTELO MARIA JOSE	1970	NPONTEA	1:10.01	M 25	2023-11-19	ÁLVARO PINO	6
55+									
1	1038729	DEL AMO BLANCO MARGARITA	1967	NPONTEA	47.04	M 25	2023-11-19	ÁLVARO PINO	13
2	1086162	BARJA BARJA LILIANA	1965	CTRAVIE	49.27	M 25	2023-11-19	ÁLVARO PINO	10
3	1076506	MARTY PAZOS MARIA VICTORIA	1965	CTRAVIE	56.33	M 25	2023-11-19	ÁLVARO PINO	8
65+									
1	1075178	SAR MORANO DOLORES	1955	CULLERED	57.23	M 25	2023-11-05	CARBALLO CALERO	13
2	1141154	CELEMIN PORRERO MARIA TERESA	1959	GALAICO	58.36	M 25	2023-11-19	ÁLVARO PINO	10
75+									
1	1076482	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	1:39.05	M 25	2023-11-19	ÁLVARO PINO	13
2	1249735	LOPEZ GONZALEZ ROSA	1949	RBAIXAS	1:56.71	M 25	2023-11-19	ÁLVARO PINO	10
80+									
1	1143507	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	2:05.91	M 25	2023-11-19	ÁLVARO PINO	13

4. 50 m Costas Masculino

20+										
1	1140795	LOSADA JIMÉNEZ SERGIO	2004	CNFERRO	30.77	M 25	2023-11-05	CARBALLO CALERO	13	
2	1130804	CASTRO RODRIGUEZ FRANCISCO	2000	GALAICO	33.02	M 25	2023-11-19	ÁLVARO PINO	10	
25+										
1	1037154	LOSADA JIMENEZ ALVARO	1999	CNFERRO	29.76	M 25	2023-11-05	CARBALLO CALERO	13	
2	1039755	RIVAS MACEIRAS ISAAC	1999	HERCULES	32.30	M 25	2023-11-05	CARBALLO CALERO	10	
30+										
1	1037824	FREIRE GONZALEZ JAVIER	1993	RBAIXAS	33.44	M 25	2023-11-19	ÁLVARO PINO	13	
2	1241602	FONTAN SEIJO ADRIAN	1993	CNMOS	42.87	M 25	2023-11-19	ÁLVARO PINO	10	
3	1078909	RODRIGUEZ BALIÑA MAURO	1990	NPONTEA	51.73	M 25	2023-11-19	ÁLVARO PINO	8	
35+										
1	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	36.38	M 25	2023-11-05	Monforte	13	
2	1241048	PUIG GONZALEZ PABLO	1986	CASINOC	42.13	M 25	2023-11-05	CARBALLO CALERO	10	
3	1217936	PASCUAL DE PEDRO JORGE	1986	NPONTEA	42.52	M 25	2023-11-19	ÁLVARO PINO	8	
4	1178928	FIDALGO SERRANO GUILLERMO	1986	CTRAVIE	44.12	M 25	2023-11-19	ÁLVARO PINO	7	
40+										
1	1141151	CALLE FACAL TELMO	1983	GALAICO	32.41	M 25	2023-11-19	ÁLVARO PINO	13	
2	1190909	CARBALLA BARROSO ROGELIO MANUEL	1981	GALAICO	38.37	M 25	2023-11-19	ÁLVARO PINO	10	
3	1178765	ESPAÑA CABEZAS JESÚS	1981	CIDSANTI	41.38	M 25	2023-11-05	CARBALLO CALERO	8	
4	1147216	GONZALEZ VICENTE RUBEN	1981	POR-MIÑA	43.30	M 25	2023-11-05	Monforte	7	
5	1076542	GONZALEZ CONDE RODRIGO	1982	NPONTEA	47.25	M 25	2023-11-19	ÁLVARO PINO	6	
6	1038913	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	47.52	M 25	2023-11-19	ÁLVARO PINO	5	
7	1238132	FIDALGO SERRANO MANUEL A.	1981	CTRAVIE	51.90	M 25	2023-11-19	ÁLVARO PINO	4	
45+										
1	1118746	SANCHEZ GORDON ROMAN	1978	RBAIXAS	32.68	M 25	2023-11-19	ÁLVARO PINO	13	
2	1205935	GUIRADO CARABEL OSCAR	1976	CULLERED	34.84	M 25	2023-11-05	CARBALLO CALERO	10	
3	1075601	MOURIZ LOMBAO FCO. JAVIER	1975	POR-MIÑA	37.49	M 25	2023-11-05	Monforte	8	
4	1078611	MARTIN MONTERO MANUEL JOSE	1977	ARTEIXO	40.42	M 25	2023-11-05	CARBALLO CALERO	7	
5	1212075	GONZALEZ PARIS DAVID	1978	HERCULES	41.00	M 25	2023-11-05	CARBALLO CALERO	6	
6	1144297	LAMAS SOTO CESAR	1975	CULLERED	42.81	M 25	2023-11-05	CARBALLO CALERO	5	
7	1144181	PEREZ CARRERA ELIAS	1979	RBAIXAS	42.87	M 25	2023-11-19	ÁLVARO PINO	4	
8	1145005	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	43.36	M 25	2023-11-19	ÁLVARO PINO	3	
9	1143662	BALSA MOSQUERA PABLO	1978	CMARINA	44.04	M 25	2023-11-05	CARBALLO CALERO	2	
10	1127402	PEXEGUEIRO BALADRON NICOLAS	1977	CNMOS	44.48	M 25	2023-11-19	ÁLVARO PINO	1	
11	1146802	PORTAS MUINELO CESAR	1978	POR-MIÑA	50.57	M 25	2023-11-05	Monforte	0	

50+										
1	1038104	PEREZ ARIAS HECTOR	1971	POR-MIÑA	36.38	M 25	2023-11-05	Monforte		13
2	1144601	PUENTE DÍAZ JAVIER	1971	CIDSANTI	37.98	M 25	2023-11-05	CARBALLO CALERO		10
3	1076538	FUENTES FERNANDEZ EUGENIO	1972	RBAIXAS	39.81	M 25	2023-11-19	ÁLVARO PINO		8
4	1180239	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	TRICORUÑ	45.16	M 25	2023-11-05	CARBALLO CALERO		7
5	1178895	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	50.05	M 25	2023-11-05	Monforte		6
6	1144698	CADAVID NUÑEZ JOSE	1970	POURENSE	50.96	M 25	2023-11-05	Monforte		5
7	1127107	AÑON POSE JOSE FDO.	1970	ADFOGAR	52.14	M 25	2023-11-05	CARBALLO CALERO		4
8	1208795	LORENZO GONZALEZ-VISO CARLOS	1971	POURENSE	53.71	M 25	2023-11-05	Monforte		3
55+										
1	1141209	DE LA PAZ VIGO AGUSTIN A.	1966	CMARINA	38.81	M 25	2023-11-05	CARBALLO CALERO		13
2	1180234	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	42.90	M 25	2023-11-05	Monforte		10
3	1037161	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	44.62	M 25	2023-11-05	CARBALLO CALERO		8
4	1195569	PEREZ LEIVA MANUEL	1968	RBAIXAS	45.25	M 25	2023-11-19	ÁLVARO PINO		7
5	1143966	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	54.92	M 25	2023-11-19	ÁLVARO PINO		6
6	1180249	SUAREZ FREIRE DAVID MANUEL	1968	RBAIXAS	1:05.03	M 25	2023-11-19	ÁLVARO PINO		5
60+										
1	1076250	BETHENCOURT IGLESIAS SERGIO	1963	GALAICO	41.23	M 25	2023-11-19	ÁLVARO PINO		13
2	1040281	MARTINEZ BERJANO JOSE MANUEL	1963	MOLEMOS	46.99	M 25	2023-11-05	Monforte		10
3	1053394	SANJORGE PEDREIRA CARMELO	1962	ARTEIXO	48.24	M 25	2023-11-05	CARBALLO CALERO		8
4	1079361	RODRIGUEZ GOMEZ EMILIO	1961	NPONTEA	49.49	M 25	2023-11-19	ÁLVARO PINO		7
5	1075589	SANCHEZ VAZQUEZ JESUS	1962	POR-MIÑA	50.00	M 25	2023-11-05	Monforte		6
65+										
1	1170858	CODESIDO LOPEZ JOSÉ	1959	CIDSANTI	40.60	M 25	2023-11-05	CARBALLO CALERO		13
2	1191492	TIMIRAOS CARRASCO LUIS	1956	POURENSE	1:23.85	M 25	2023-11-05	Monforte		10
75+										
1	1076487	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	53.18	M 25	2023-11-19	ÁLVARO PINO		13
2	1247512	VILLORIA CARAMES ALEJANDRO	1945	CTRAVIE	1:09.14	M 25	2023-11-19	ÁLVARO PINO		10

5. 400 m Libre Feminino

20+											
1	1140814	PARDO CHAS EVA	2004	CNFERRO	4:43.60	M 25	2023-11-05	CARBALLO CALERO	13		
		50L: 31.86								100L: 1:06.50	200L: 2:17.97
2	1079883	RODRIGUEZ RODRIGUEZ NINA	2002	RBAIXAS	4:53.41	M 25	2023-11-19	ÁLVARO PINO	10		
		50L: 32.08								100L: 1:07.63	200L: 2:21.73
3	1099697	CHANS FANEGO PAULA	2003	CNFERRO	5:12.37	M 25	2023-11-05	CARBALLO CALERO	8		
		50L: 35.39								100L: 1:13.63	200L: 2:32.39
4	1075380	SALVANTE LAGO AINHOA	2003	CNFERRO	5:15.20	M 25	2023-11-05	CARBALLO CALERO	7		
		50L: 34.70								100L: 1:13.73	200L: 2:33.64
5	1144257	FERNANDEZ GONZALEZ ELENA	2001	HERCULES	5:38.94	M 25	2023-11-05	CARBALLO CALERO	6		
		50L: 37.97								100L: 1:19.61	200L: 2:45.30
6	1143296	EIJO GIL ANA PAULA	2003	NPONTEA	5:41.87	M 25	2023-11-19	ÁLVARO PINO	5		
		50L: 36.44								100L: 1:16.81	200L: 2:42.57
7	1194207	VALIÑO FERRAZ TATYANA	2003	NPONTEA	6:10.45	M 25	2023-11-19	ÁLVARO PINO	4		
		50L: 42.09								100L: 1:28.99	200L: 3:00.59
8	1228048	ALVAREZ SOUTO CLAUDIA	2001	ESCUALOS	6:23.80	M 25	2023-11-05	Monforte	3		
		50L: 44.65								100L: 1:33.35	200L: 3:12.65
9	1232978	LOPEZ MORADO MARIA	2001	CULLERED	6:49.47	M 25	2023-11-05	CARBALLO CALERO	2		
		50L: 40.47								100L: 1:27.33	200L: 3:11.75
25+											
1	1130789	GARCIA MIGUEZ ROSALIA	1998	GALAICO	5:12.75	M 25	2023-11-19	ÁLVARO PINO	13		
		50L: 35.47								100L: 1:14.71	200L: 2:34.64
2	1039634	LAGO CASTILLO NATALIA	1999	NCORUÑA	5:22.58	M 25	2023-11-05	CARBALLO CALERO	10		
		50L: 32.77								100L: 1:15.71	200L: 2:37.52
3	1038929	GONZALEZ AVENDAÑO LUCIA	1999	GALAICO	5:36.58	M 25	2023-11-19	ÁLVARO PINO	8		
		50L: 37.35								100L: 1:18.28	200L: 2:43.17
30+											
1	1040457	FREIJO LÓPEZ LUCÍA	1992	NCORUÑA	6:03.58	M 25	2023-11-05	CARBALLO CALERO	13		
		50L: 40.98								100L: 1:25.21	200L: 2:56.65
2	1224940	PAZOS GANDARA ANDREA	1992	NPONTEA	6:35.65	M 25	2023-11-19	ÁLVARO PINO	10		
		50L: 42.57								100L: 1:30.32	200L: 3:12.15
35+											
1	1193947	ALCALDE BALADO TANIA	1986	CIDSANTI	5:09.82	M 25	2023-11-05	CARBALLO CALERO	13		
		50L: 35.41								100L: 1:13.88	200L: 2:32.41
2	1144894	VINAGRE SENDINO CORA	1988	CASINOC	5:47.31	M 25	2023-11-05	CARBALLO CALERO	10		
		50L: 37.59								100L: 1:20.08	200L: 2:47.64
3	1040731	GESTO ALONSO CLARISA	1989	NPONTEA	5:56.08	M 25	2023-11-19	ÁLVARO PINO	8		

	50L: 38.78	100L: 1:21.02	200L: 2:52.23						
4	1144948	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	6:05.16	M 25	2023-11-19	ÁLVARO PINO	7
	50L: 39.37	100L: 1:23.12	200L: 2:55.99						
40+									
1	1013486	GONZALEZ RODRIGUEZ MARIA	1982	CIDSANTI	4:57.95	M 25	2023-11-05	CARBALLO CALERO	13
	50L: 34.00	100L: 1:11.26	200L: 2:27.06						
2	1075221	HERMIDA RODRIGUEZ BLANCA	1981	CMARINA	5:22.33	M 25	2023-11-05	CARBALLO CALERO	10
	50L: 35.77	100L: 1:15.41	200L: 2:37.38						
3	1180232	FKEOUI OMARI SALMA	1982	ESCUALOS	6:10.50	M 25	2023-11-05	Monforte	8
	50L: 44.29	100L: 1:31.08	200L: 3:05.26						
4	1143597	SANCHEZ LEDO CIRA	1981	ESCUALOS	6:20.32	M 25	2023-11-05	Monforte	7
	50L: 45.55	100L: 1:33.46	200L: 3:10.85						
5	1144598	OLMO VAQUEIRO LETICIA	1981	NPONTEA	6:28.59	M 25	2023-11-19	ÁLVARO PINO	6
	50L: 44.05	100L: 1:32.15	200L: 3:10.99						
6	1144200	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	6:41.60	M 25	2023-11-19	ÁLVARO PINO	5
	50L: 41.45	100L: 1:29.16	200L: 3:13.43						
7	1145082	FARIÑA SOUSA NOEMI	1983	GALAICO	6:57.75	M 25	2023-11-19	ÁLVARO PINO	4
	50L: 45.61	100L: 1:37.55	200L: 3:26.72						
8	1041646	MOLANES PIÑEIRO MARIA ELENA	1984	NPONTEA	6:59.62	M 25	2023-11-19	ÁLVARO PINO	3
	50L: 45.17	100L: 1:34.57	200L: 3:20.03						
45+									
1	1221213	CAGIAO RODRIGUEZ NATALIA	1978	CASINOC	6:04.27	M 25	2023-11-05	CARBALLO CALERO	13
	50L: 39.27	100L: 1:24.96	200L: 2:58.16						
2	1143894	DE LORENZO FERNANDEZ MARIA	1978	ESCUALOS	6:19.45	M 25	2023-11-05	Monforte	10
	50L: 44.23	100L: 1:33.13	200L: 3:10.43						
3	1223050	ANDON YAÑEZ LORENA	1978	CASINOC	7:14.18	M 25	2023-11-05	CARBALLO CALERO	8
	50L: 47.24	100L: 1:39.80	200L: 3:31.27						
4	1222316	GIL VILLARINO MARTA	1977	HERCULES	7:42.00	M 25	2023-11-05	CARBALLO CALERO	7
	50L: 51.33	100L: 1:45.62	200L: 3:41.66						
5	1246144	SANCHEZ BARREIRO MARIA CARMEN	1976	NPONTEA	7:49.60	M 25	2023-11-19	ÁLVARO PINO	6
	50L: 52.27	100L: 1:49.97	200L: 3:53.17						
6	1178771	BESADA FERNÁNDEZ ANA M.	1978	NPONTEA	8:40.56	M 25	2023-11-19	ÁLVARO PINO	5
	50L: 51.72	100L: 1:54.55	200L: 4:11.07						
50+									
1	1147115	HERNANDEZ ALFAGEME RITA	1971	RBAIXAS	5:43.69	M 25	2023-11-19	ÁLVARO PINO	13
	50L: 38.81	100L: 1:21.58	200L: 2:48.43						
2	1143584	FERNANDEZ SESTELO MARIA JOSE	1970	NPONTEA	8:39.38	M 25	2023-11-19	ÁLVARO PINO	10
	50L: 57.86	100L: 2:01.98	200L: 4:18.85						
55+									
1	1058998	MUTILBA OBREGON NURIA	1969	NPONTEA	6:08.44	M 25	2023-11-19	ÁLVARO PINO	13

	50L: 41.88	100L: 1:26.75	200L: 3:00.70						
2	1147048	REGUEIRO RODRIGUEZ ANA	1966	RBAIXAS	6:34.87	M 25	2023-11-19	ÁLVARO PINO	10
	50L: 45.18	100L: 1:33.87	200L: 3:13.91						
3	1037970	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	6:47.39	M 25	2023-11-19	ÁLVARO PINO	8
	50L: 45.26	100L: 1:35.38	200L: 3:19.66						
4	1076506	MARTY PAZOS MARIA VICTORIA	1965	CTRAVIE	7:22.97	M 25	2023-11-19	ÁLVARO PINO	7
	50L: 50.97	100L: 1:46.24	200L: 3:39.57						
5	1144697	ACEVEDO REGO ERMITAS	1966	POURENSE	8:04.23	M 25	2023-11-05	Monforte	6
	50L: 55.30	100L: 1:55.07	200L: 3:57.48						
6	1199642	GARNACHO GAYARRE NURIA	1969	CASINOC	8:05.12	M 25	2023-11-05	CARBALLO CALERO	5
	50L: 53.05	100L: 1:51.81	200L: 3:57.44						
7	1145007	MELON PARENTE M. LOURDES	1969	NPONTEA	9:18.08	M 25	2023-11-19	ÁLVARO PINO	4
	50L: 1:04.55	100L: 2:13.97	200L: 4:34.68						
60+									
1	1145099	LOPEZ MAHIA PURIFICACION	1963	HERCULES	7:54.81	M 25	2023-11-05	CARBALLO CALERO	13
	50L: 47.56	100L: 1:41.43	200L: 3:40.56						
2	1143893	REBOREDA MORILLO SUSANA	1962	ESCUALOS	8:19.30	M 25	2023-11-05	Monforte	10
	50L: 55.38	100L: 1:58.00	200L: 4:05.29						
3	1144231	PEREZ GALLARDO TERESA	1964	POURENSE	9:19.35	M 25	2023-11-05	Monforte	8
	50L: 1:04.37	100L: 2:15.12	200L: 4:37.23						
65+									
1	1217937	RODRÍGUEZ TRONCOSO MARINA	1959	NPONTEA	10:04.34	M 25	2023-11-19	ÁLVARO PINO	13
	50L: 1:03.85	100L: 2:16.79	200L: 4:53.98						

6. 400 m Libre Masculino

20+												
1	1068314	MARTINEZ MARTINEZ MARCOS	2003	NPONTEA	4:29.23	M 25	2023-11-19	ÁLVARO PINO	13	50L: 28.86	100L: 1:01.03	200L: 2:07.96
2	1217804	SUAREZ URRUZOLA LEO	2000	CIDSANTI	4:36.39	M 25	2023-11-05	CARBALLO CALERO	10	50L: 31.95	100L: 1:06.75	200L: 2:16.70
3	1076409	CANCELA GOMEZ HUGO	2003	NPONTEA	4:51.09	M 25	2023-11-19	ÁLVARO PINO	8	50L: 29.48	100L: 1:03.38	200L: 2:18.79
4	1075385	DIZ NIEVES DAVID	2004	CNFERRO	5:03.45	M 25	2023-11-05	CARBALLO CALERO	7	50L: 34.33	100L: 1:11.69	200L: 2:30.39
5	1142927	FERNANDEZ GARCIA JACOBO	2001	GALAICO	5:44.53	M 25	2023-11-19	ÁLVARO PINO	6	50L: 34.22	100L: 1:12.55	200L: 2:38.06
25+												
1	1144193	PASTORIZA SANTA CLARA JORGE	1997	RBAIXAS	4:24.50	M 25	2023-11-19	ÁLVARO PINO	13	50L: 29.80	100L: 1:01.89	200L: 2:09.31
2	1039270	TRILLO RODRIGUEZ ADRIAN	1997	CNMOS	5:10.11	M 25	2023-11-19	ÁLVARO PINO	10	50L: 34.96	100L: 1:12.22	200L: 2:30.46
3	1232980	PICALLO MATO ADRIAN	1995	SALESTRA	5:37.04	M 25	2023-11-05	Monforte	8	50L: 37.57	100L: 1:17.23	200L: 2:41.54
30+												
1	1093472	DEL RIO REGUEIRA MARCOS	1993	ARTEIXO	4:20.62	M 25	2023-11-05	CARBALLO CALERO	13	50L: 29.92	100L: 1:02.79	200L: 2:09.49
2	1093473	DEL RIO REGUEIRA RUBEN	1993	ARTEIXO	4:29.37	M 25	2023-11-05	CARBALLO CALERO	10	50L: 30.24	100L: 1:03.51	200L: 2:11.12
3	1204916	BALLESTER IBAÑEZ EDGAR	1991	MOLEMOS	4:41.66	M 25	2023-11-05	Monforte	8	50L: 31.65	100L: 1:06.50	200L: 2:18.93
4	1130602	TENORIO FREIRE MARTIN	1992	GALAICO	4:44.38	M 25	2023-11-19	ÁLVARO PINO	7	50L: 30.65	100L: 1:04.23	200L: 2:15.84
5	1039568	BLANCO PEREZ ADRIAN	1994	POURENSE	4:49.77	M 25	2023-11-05	Monforte	6	50L: 31.27	100L: 1:06.62	200L: 2:18.91
6	1093458	MUIÑO ALONSO ANTON	1994	NCORUÑA	4:54.97	M 25	2023-11-05	CARBALLO CALERO	5	50L: 33.79	100L: 1:11.58	200L: 2:26.44
7	1037824	FREIRE GONZALEZ JAVIER	1993	RBAIXAS	5:01.12	M 25	2023-11-19	ÁLVARO PINO	4	50L: 33.49	100L: 1:10.22	200L: 2:25.95
35+												
1	1140778	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	4:22.91	M 25	2023-11-05	CARBALLO CALERO	13	50L: 29.70	100L: 1:02.56	200L: 2:09.45
2	1076287	PAZOS ALONSO JOSUE	1986	ESCUALOS	4:59.48	M 25	2023-11-05	Monforte	10			

	50L: 33.23	100L: 1:09.49	200L: 2:25.57						
3	1199549	MARTINEZ DOPAZO DAVID	1987	GALAICO	5:07.73	M 25	2023-11-19	ÁLVARO PINO	8
	50L: 35.18	100L: 1:13.28	200L: 2:30.85						
4	1086708	ABUIN ARES MANUEL	1987	CIDSANTI	5:19.82	M 25	2023-11-05	CARBALLO CALERO	7
	50L: 34.82	100L: 1:13.65	200L: 2:35.38						
5	1097263	LAMEIRO SEOANE JAVIER	1987	HERCULES	5:38.10	M 25	2023-11-05	CARBALLO CALERO	6
	50L: 38.42	100L: 1:20.24	200L: 2:48.67						
6	1136629	FIGUEIRA DOMINGUEZ JAVIER GUZMAN	1988	RBAIXAS	5:39.15	M 25	2023-11-19	ÁLVARO PINO	5
	50L: 38.37	100L: 1:20.45	200L: 2:45.97						
7	1036745	BARCIA SIXTO FRANCISCO JOSÉ	1985	NTNARON	5:57.99	M 25	2023-11-05	CARBALLO CALERO	4
	50L: 37.78	100L: 1:18.97	200L: 2:46.68						
8	1226234	COTELO SENANDE ALBERTO	1988	ADFOGAR	6:03.40	M 25	2023-11-05	CARBALLO CALERO	3
	50L: 35.86	100L: 1:17.37	200L: 2:49.38						
9	1145090	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	6:03.65	M 25	2023-11-19	ÁLVARO PINO	2
	50L: 36.53	100L: 1:18.66	200L: 2:51.87						
10	1178928	FIDALGO SERRANO GUILLERMO	1986	CTRAVIE	6:25.79	M 25	2023-11-19	ÁLVARO PINO	1
	50L: 42.40	100L: 1:27.75	200L: 3:07.70						
40+									
1	1141151	CALLE FACAL TELMO	1983	GALAICO	4:45.09	M 25	2023-11-19	ÁLVARO PINO	13
	50L: 33.44	100L: 1:09.43	200L: 2:23.07						
2	1228089	MERA MONTECELOS PABLO	1983	HERCULES	5:05.12	M 25	2023-11-05	CARBALLO CALERO	10
	50L: 34.56	100L: 1:12.56	200L: 2:29.56						
3	1178765	ESPAÑA CABEZAS JESÚS	1981	CIDSANTI	5:33.17	M 25	2023-11-05	CARBALLO CALERO	8
	50L: 37.88	100L: 1:20.16	200L: 2:45.80						
4	1199899	DOMINGUEZ PHILOCREON TICIANO	1981	CIDSANTI	5:33.71	M 25	2023-11-05	CARBALLO CALERO	7
	50L: 38.48	100L: 1:19.30	200L: 2:42.50						
5	1190909	CARBALLA BARROSO ROGELIO MANUEL	1981	GALAICO	5:42.68	M 25	2023-11-19	ÁLVARO PINO	6
	50L: 39.04	100L: 1:20.08	200L: 2:47.10						
6	1141095	LOPEZ BERMUDEZ GABRIEL	1984	RSDH	5:44.18	M 25	2023-11-05	CARBALLO CALERO	5
	50L: 36.10	100L: 1:17.55	200L: 2:46.37						
7	1143899	PEREZ LOPEZ MANUEL	1981	ESCUALOS	5:48.48	M 25	2023-11-05	Monforte	4
	50L: 38.13	100L: 1:20.87	200L: 2:50.12						
8	1214823	GONZALEZ PEÑAS DAVID	1984	POR-MIÑA	5:49.20	M 25	2023-11-05	Monforte	3
	50L: 39.73	100L: 1:22.13	200L: 2:50.32						
9	1144584	ALVAREZ SILVA RUBEN	1981	ESCUALOS	5:52.05	M 25	2023-11-05	Monforte	2
	50L: 39.24	100L: 1:22.35	200L: 2:50.73						
10	1144789	MATIAS DUARTE ERICK	1982	HERCULES	6:02.56	M 25	2023-11-05	CARBALLO CALERO	1
	50L: 39.42	100L: 1:23.60	200L: 2:54.12						
11	1241049	RAMIL FREAN IGNACIO	1984	CASINOC	6:05.65	M 25	2023-11-05	CARBALLO CALERO	0
	50L: 39.88	100L: 1:24.19	200L: 2:59.08						
12	1039360	POSE MATO CESAR	1983	ADFOGAR	8:04.45	M 25	2023-11-05	CARBALLO CALERO	0
	50L: 52.95	100L: 1:52.27	200L: 3:55.87						

45+

1	1118746	SANCHEZ GORDON ROMAN	1978	RBAIXAS	4:51.68	M 25	2023-11-19	ÁLVARO PINO	13
		50L: 32.53			100L: 1:08.17			200L: 2:22.45	
2	1053922	BAIZ ROCA GABRIEL	1979	ARTEIXO	4:53.66	M 25	2023-11-05	CARBALLO CALERO	10
		50L: 32.52			100L: 1:08.29			200L: 2:22.01	
3	1024675	IGLESIAS GOMEZ GONZALO	1979	HERCULES	4:55.58	M 25	2023-11-05	CARBALLO CALERO	8
		50L: 33.49			100L: 1:09.80			200L: 2:25.22	
4	1243174	SONEIRA REBOREDO OSCAR	1975	CIDSANTI	4:59.18	M 25	2023-11-05	CARBALLO CALERO	7
		50L: 33.71			100L: 1:10.37			200L: 2:26.00	
5	1050705	BELTRAN DIAZ EMILIO	1977	MOLEMOS	5:01.43	M 25	2023-11-05	Monforte	6
		50L: 34.45			100L: 1:12.55			200L: 2:29.34	
6	1175127	MASSO AGUADO JORGE	1976	RBAIXAS	5:03.91	M 25	2023-11-19	ÁLVARO PINO	5
		50L: 33.99			100L: 1:11.12			200L: 2:29.33	
7	1244353	TATO FUENTES VICTOR	1979	ADFOGAR	5:12.29	M 25	2023-11-05	CARBALLO CALERO	4
		50L: 35.01			100L: 1:13.54			200L: 2:32.82	
8	1231581	RODRÍGUEZ SALGADO MANUEL	1975	CIDSANTI	5:16.18	M 25	2023-11-05	CARBALLO CALERO	3
		50L: 36.08			100L: 1:15.51			200L: 2:35.13	
9	1205935	GUIRADO CARABEL OSCAR	1976	CULLERED	5:26.07	M 25	2023-11-05	CARBALLO CALERO	2
		50L: 34.80			100L: 1:12.48			200L: 2:32.74	
10	1212075	GONZALEZ PARIS DAVID	1978	HERCULES	5:30.66	M 25	2023-11-05	CARBALLO CALERO	1
		50L: 38.10			100L: 1:19.40			200L: 2:45.27	
11	1084706	ESCUDERO PEREIRA SANTIAGO	1977	POURENSE	5:33.89	M 25	2023-11-05	Monforte	0
		50L: 35.54			100L: 1:15.50			200L: 2:39.59	
12	1224729	FERNADEZ BARREIROS CLAUDIO	1975	CNORDES	5:55.35	M 25	2023-11-05	Monforte	0
		50L: 40.27			100L: 1:24.46			200L: 2:56.76	
13	1079478	GONZÁLEZ PEREIRA J. CARLOS	1975	RCNVIGO	6:11.84	M 25	2023-11-19	ÁLVARO PINO	0
		50L: 42.02			100L: 1:28.83			200L: 3:03.65	
14	1215947	VAZQUEZ PEREZ LUIS FERNANDO	1979	CULLERED	6:18.41	M 25	2023-11-05	CARBALLO CALERO	0
		50L: 39.68			100L: 1:25.34			200L: 3:02.32	
15	1141502	TRONCOSO CAAMAÑO FERNANDO	1975	ESCUALOS	6:28.30	M 25	2023-11-05	Monforte	0
		50L: 45.04			100L: 1:33.07			200L: 3:11.43	
16	1178772	CARRERA RODRÍGUEZ RUBÉN	1979	NPONTEA	6:48.35	M 25	2023-11-19	ÁLVARO PINO	0
		50L: 45.34			100L: 1:35.50			200L: 3:20.79	
17	1197558	FERNANDEZ FERNANDEZ MIGUEL ANGEL	1977	RBAIXAS	7:03.50	M 25	2023-11-19	ÁLVARO PINO	0
		50L: 44.33			100L: 1:33.76			200L: 3:21.28	

50+

1	1079343	MOURIÑO ORTIGUERA ROBERTO C.	1974	NPONTEA	5:12.63	M 25	2023-11-19	ÁLVARO PINO	13
		50L: 34.68			100L: 1:12.75			200L: 2:32.68	
2	1180192	SAAVEDRA GONZÁLEZ RAUL	1973	HERCULES	5:31.91	M 25	2023-11-05	CARBALLO CALERO	10
		50L: 34.40			100L: 1:13.91			200L: 2:38.08	
3	1084040	GARCIA CASTIÑEIRA DANIEL	1974	GALAICO	5:44.46	M 25	2023-11-19	ÁLVARO PINO	8
		50L: 38.70			100L: 1:21.76			200L: 2:49.96	
4	1144117	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	5:48.31	M 25	2023-11-19	ÁLVARO PINO	7

	50L: 38.34	100L: 1:19.95	200L: 2:46.28						
5	1075597	RODRIGUEZ BALIÑA MARCOS	1971	NPONTEA	5:53.16	M 25	2023-11-19	ÁLVARO PINO	6
	50L: 37.05	100L: 1:18.62	200L: 2:48.77						
6	1171462	FERREIRO SEOANE JOSE RAUL	1973	RBAIXAS	5:59.70	M 25	2023-11-19	ÁLVARO PINO	5
	50L: 37.13	100L: 1:18.31	200L: 2:48.79						
7	1144857	FERREIRO SUAREZ JAVIER M.	1973	CASINOC	6:19.11	M 25	2023-11-05	CARBALLO CALERO	4
	50L: 41.88	100L: 1:26.30	200L: 2:58.69						
8	1141504	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	6:19.75	M 25	2023-11-05	Monforte	3
	50L: 41.24	100L: 1:27.60	200L: 3:04.55						
9	1141071	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	6:27.96	M 25	2023-11-19	ÁLVARO PINO	2
	50L: 41.23	100L: 1:27.91	200L: 3:06.56						
10	1078844	FERNÁNDEZ FERNÁNDEZ JOSÉ LUIS	1974	CIDSANTI	6:38.37	M 25	2023-11-05	CARBALLO CALERO	1
	50L: 40.29	100L: 1:26.50	200L: 3:08.29						
11	1078814	CANOSA RODRIGUEZ ALFONSO J.	1971	ADFOGAR	6:57.08	M 25	2023-11-05	CARBALLO CALERO	0
	50L: 45.37	100L: 1:38.82	200L: 3:26.87						
12	1196051	BELISARIO PERAZA RAFAEL E	1972	ADFOGAR	8:05.81	M 25	2023-11-05	CARBALLO CALERO	0
	50L: 54.88	100L: 1:54.88	200L: 4:00.00						
55+									
1	1180234	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	6:18.72	M 25	2023-11-05	Monforte	13
	50L: 43.05	100L: 1:29.32	200L: 3:06.76						
2	1037161	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	6:24.90	M 25	2023-11-05	CARBALLO CALERO	10
	50L: 42.17	100L: 1:29.64	200L: 3:08.75						
3	1193949	LAMELO OTERO RAMÓN JESUS	1968	CIDSANTI	6:35.80	M 25	2023-11-05	CARBALLO CALERO	8
	50L: 44.42	100L: 1:33.68	200L: 3:13.48						
4	1195569	PEREZ LEIVA MANUEL	1968	RBAIXAS	6:40.92	M 25	2023-11-19	ÁLVARO PINO	7
	50L: 44.65	100L: 1:34.57	200L: 3:17.48						
5	1175217	CASTRO QUINTELA AVELINO	1967	GALAICO	7:26.23	M 25	2023-11-19	ÁLVARO PINO	6
	50L: 47.94	100L: 1:40.91	200L: 3:33.16						
6	1106828	TRILLO CARLIN JOSE FDO.	1968	ADFOGAR	7:40.94	M 25	2023-11-05	CARBALLO CALERO	5
	50L: 51.11	100L: 1:48.28	200L: 3:45.57						
60+									
1	1076173	FERNANDEZ NUÑEZ SANTIAGO	1963	CIDSANTI	5:23.14	M 25	2023-11-05	CARBALLO CALERO	13
	50L: 38.02	100L: 1:18.76	200L: 2:42.76						
2	1144940	HERNANZ MORAL FAUSTO	1962	RBAIXAS	6:45.52	M 25	2023-11-19	ÁLVARO PINO	10
	50L: 46.55	100L: 1:36.78	200L: 3:21.37						
3	1143536	BLANCO PEREZ ANGEL	1964	POURENSE	6:59.77	M 25	2023-11-05	Monforte	8
	50L: 46.60	100L: 1:39.13	200L: 3:27.46						
4	1106829	RODRIGUEZ FERNANDEZ FCO. XABIER	1964	ADFOGAR	7:25.56	M 25	2023-11-05	CARBALLO CALERO	7
	50L: 48.68	100L: 1:43.26	200L: 3:37.27						
5	1076514	LAGO REY JOSE MANUEL	1963	RBAIXAS	10:39.96	M 25	2023-11-19	ÁLVARO PINO	6
	50L: 1:02.76	100L: 2:18.20	200L: 5:05.39						

65+

1	1170858	CODESIDO LOPEZ JOSÉ	1959	CIDSANTI	5:57.02	M 25	2023-11-05	CARBALLO CALERO	13
		50L: 38.92			100L: 1:21.46			200L: 2:50.80	
2	1191492	TIMIRAOS CARRASCO LUIS	1956	POURENSE	10:28.93	M 25	2023-11-05	Monforte	10
		50L: 1:11.54			100L: 2:31.20			200L: 5:12.46	

70+

1	1076165	GARCIA COLOMO MANUEL RAMON	1954	POURENSE	6:10.19	M 25	2023-11-05	Monforte	13
		50L: 44.80			100L: 1:31.59			200L: 3:06.85	
2	1075190	SUANZES PEREZ FERNANDO	1953	HERCULES	6:16.25	M 25	2023-11-05	CARBALLO CALERO	10
		50L: 44.50			100L: 1:32.70			200L: 3:07.81	
3	1076488	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	7:37.82	M 25	2023-11-19	ÁLVARO PINO	8
		50L: 52.70			100L: 1:48.79			200L: 3:46.42	

7. 50 m Braza Feminino

20+									
1	1037951	SOILAN FERNANDEZ RAQUEL	2001	CFVLUGO	38.54	M 25	2023-11-05	Monforte	13
2	1079883	RODRIGUEZ RODRIGUEZ NINA	2002	RBAIXAS	38.76	M 25	2023-11-19	ÁLVARO PINO	10
3	1140814	PARDO CHAS EVA	2004	CNFERRO	39.97	M 25	2023-11-05	CARBALLO CALERO	8
4	1099697	CHANS FANEGO PAULA	2003	CNFERRO	40.80	M 25	2023-11-05	CARBALLO CALERO	7
5	1140796	DIAZ DOPICO SABELA	2002	CNFERRO	42.82	M 25	2023-11-05	CARBALLO CALERO	6
6	1076336	BLANCO PEREZ LAURA	2004	NPONTEA	43.67	M 25	2023-11-19	ÁLVARO PINO	5
7	1143296	EIJO GIL ANA PAULA	2003	NPONTEA	44.48	M 25	2023-11-19	ÁLVARO PINO	4
8	1228048	ALVAREZ SOUTO CLAUDIA	2001	ESCUALOS	44.54	M 25	2023-11-05	Monforte	3
9	1075380	SALVANTE LAGO AINHOA	2003	CNFERRO	47.02	M 25	2023-11-05	CARBALLO CALERO	2
10	1038179	IBAÑEZ CARRERA SARA	2001	NPONTEA	47.26	M 25	2023-11-19	ÁLVARO PINO	1
11	1111470	GARCÉS FERNÁNDEZ EREA	2003	RBAIXAS	49.10	M 25	2023-11-19	ÁLVARO PINO	0
12	1203517	CABALEIRO FREIRIA LARA	2001	NPONTEA	50.21	M 25	2023-11-19	ÁLVARO PINO	0
13	1143380	SUAREZ GARCIA MARTA	2003	RBAIXAS	50.35	M 25	2023-11-19	ÁLVARO PINO	0
14	1232978	LOPEZ MORADO MARIA	2001	CULLERED	52.04	M 25	2023-11-05	CARBALLO CALERO	0
25+									
1	1039096	LAGO LOPEZ RAQUEL	1995	RBAIXAS	41.28	M 25	2023-11-19	ÁLVARO PINO	13
2	1037987	MENDEZ SEIJO NEREA	1999	RBAIXAS	42.61	M 25	2023-11-19	ÁLVARO PINO	10
3	1038608	SUAREZ GARCIA SOFIA	1997	RBAIXAS	44.76	M 25	2023-11-19	ÁLVARO PINO	8
4	1238682	BARCA PENSADO MARIA	1996	ADFOGAR	45.28	M 25	2023-11-05	CARBALLO CALERO	7
5	1145008	GONZALEZ PEREZ PAULA	1996	NPONTEA	49.30	M 25	2023-11-19	ÁLVARO PINO	6
6	1243122	DARRIBA CASTRO MARIA	1996	RBAIXAS	58.29	M 25	2023-11-19	ÁLVARO PINO	5
30+									
1	1093459	FRANCO CAL ALBA	1991	CFVLUGO	36.10	M 25	2023-11-05	Monforte	13
2	1041452	BEN CILLERO SABELA	1992	CNXOVE	39.00	M 25	2023-11-05	Monforte	10
3	1249165	CIDRÁS ANGEL IRIA	1990	NCORUÑA	39.41	M 25	2023-11-05	CARBALLO CALERO	8
4	1116506	RAMOS LOBO RAQUEL	1993	POR-MIÑA	40.85	M 25	2023-11-05	Monforte	7
5	1191499	GONZALEZ MACIA ALBA	1994	MOLEMOS	46.96	M 25	2023-11-05	Monforte	6
6	1221892	OTERO FERNANDEZ MARIA LUISA	1993	SALESTRA	49.29	M 25	2023-11-05	Monforte	5
7	1204918	MARTINEZ GARCIA SUSANA	1991	MOLEMOS	49.30	M 25	2023-11-05	Monforte	4
8	1224940	PAZOS GANDARA ANDREA	1992	NPONTEA	49.37	M 25	2023-11-19	ÁLVARO PINO	3
9	1202705	MARTINEZ BARCIELA MARIA OLGA	1990	RBAIXAS	57.29	M 25	2023-11-19	ÁLVARO PINO	2
35+									
1	1212097	LOUREIRO AMOR BELEN MARTINA	1988	NTNARON	39.66	M 25	2023-11-05	CARBALLO CALERO	13
2	1144155	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	43.71	M 25	2023-11-19	ÁLVARO PINO	10
3	1243130	TORRE GONZALEZ ELISA	1985	RBAIXAS	44.66	M 25	2023-11-19	ÁLVARO PINO	8
4	1224939	VÁZQUEZ FUENTES CINTIA	1987	MOLEMOS	45.26	M 25	2023-11-05	Monforte	7



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5	1093454	PINO AGUIRRE CRISTINA	1988	TRICORUÑ	48.82	M 25	2023-11-05	CARBALLO CALERO	6
6	1141313	MIRA VAZQUEZ PAULA	1986	ESCUALOS	48.83	M 25	2023-11-05	Monforte	5
7	1147098	SANTOS DA GRACA FRANCELINA	1987	ADFOGAR	54.43	M 25	2023-11-05	CARBALLO CALERO	4
8	1243119	COMESAÑA REGUEIRA MIRIAM	1989	RBAIXAS	58.69	M 25	2023-11-19	ÁLVARO PINO	3
40+									
1	1013486	GONZALEZ RODRIGUEZ MARIA	1982	CIDSANTI	41.58	M 25	2023-11-05	CARBALLO CALERO	13
2	1146780	DURÁN VEIRAS RAQUEL	1984	ARTEIXO	42.07	M 25	2023-11-05	CARBALLO CALERO	10
3	1244421	DE MARTIN MIGUEL ANA ASUNCIÓN	1980	ESCUALOS	44.20	M 25	2023-11-05	Monforte	8
4	1180232	FKEOUI OMARI SALMA	1982	ESCUALOS	45.98	M 25	2023-11-05	Monforte	7
5	1041646	MOLANES PIÑEIRO MARIA ELENA	1984	NPONTEA	53.66	M 25	2023-11-19	ÁLVARO PINO	6
6	1093456	RAMIREZ INSUA JULIA	1983	RSDH	53.77	M 25	2023-11-05	CARBALLO CALERO	5
45+									
1	1178775	COVELO SAAVEDRA NAHIR	1978	NPONTEA	47.04	M 25	2023-11-19	ÁLVARO PINO	13
2	1224731	RIVEIRA CAAMAÑO REBECA	1977	CNORDES	49.79	M 25	2023-11-05	Monforte	10
3	1144051	DIEGUEZ VARELA CARINA	1977	RBAIXAS	50.26	M 25	2023-11-19	ÁLVARO PINO	8
4	1222316	GIL VILLARINO MARTA	1977	HERCULES	56.90	M 25	2023-11-05	CARBALLO CALERO	7
5	1239790	CARBALLEIRA LOIS BARBARA	1976	ESCUALOS	57.24	M 25	2023-11-05	Monforte	6
6	1246144	SANCHEZ BARREIRO MARIA CARMEN	1976	NPONTEA	59.47	M 25	2023-11-19	ÁLVARO PINO	5
50+									
1	1075503	DE LA MONTAÑA ALCANTARA GLORIA	1973	RSDH	51.66	M 25	2023-11-05	CARBALLO CALERO	13
2	1207084	MAZAIIRA CASTRO CARMEN	1973	ESCUALOS	52.44	M 25	2023-11-05	Monforte	10
3	1202971	PEREZ PEREZ SONIA	1972	ESCUALOS	52.80	M 25	2023-11-05	Monforte	8
4	1127346	SOBRINO EIRIZ MARIA DEL VALLE	1972	NPONTEA	55.75	M 25	2023-11-19	ÁLVARO PINO	7
55+									
1	1058998	MUTILBA OBREGON NURIA	1969	NPONTEA	45.39	M 25	2023-11-19	ÁLVARO PINO	13
2	1075200	JIMENEZ PEREZ VICTORIA	1969	CNFERRO	50.94	M 25	2023-11-05	CARBALLO CALERO	10
3	1038729	DEL AMO BLANCO MARGARITA	1967	NPONTEA	51.41	M 25	2023-11-19	ÁLVARO PINO	7.5
4	1086162	BARJA BARJA LILIANA	1965	CTRAVIE	51.41	M 25	2023-11-19	ÁLVARO PINO	7.5
5	1144697	ACEVEDO REGO ERMITAS	1966	POURENSE	1:10.74	M 25	2023-11-05	Monforte	6
60+									
1	1143893	REBOREDA MORILLO SUSANA	1962	ESCUALOS	58.48	M 25	2023-11-05	Monforte	13
65+									
1	1141154	CELEMIN PORRERO MARIA TERESA	1959	GALAICO	59.56	M 25	2023-11-19	ÁLVARO PINO	13
2	1075178	SAR MORANO DOLORES	1955	CULLERED	59.74	M 25	2023-11-05	CARBALLO CALERO	10
3	1217937	RODRÍGUEZ TRONCOSO MARINA	1959	NPONTEA	1:06.71	M 25	2023-11-19	ÁLVARO PINO	8
4	1249213	GUARDIOLA MEDEL NURIA	1956	NPONTEA	1:14.99	M 25	2023-11-19	ÁLVARO PINO	7
5	1076494	SUEIRO COSTAS M ^a CARMEN	1956	NPONTEA	1:30.39	M 25	2023-11-19	ÁLVARO PINO	6



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70+

1	1076490	GONZALEZ-ALEGRE BURGUEÑO ANA MARIA	952	CTRAVIE	59.56	M 25	2023-11-19	ÁLVARO PINO	13
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8. 50 m Braza Masculino

20+										
1	1140795	LOSADA JIMÉNEZ SERGIO	2004	CNFERRO	32.31	M 25	2023-11-05	CARBALLO CALERO	13	
2	1068314	MARTINEZ MARTINEZ MARCOS	2003	NPONTEA	33.72	M 25	2023-11-19	ÁLVARO PINO	10	
3	1097741	GONZÁLEZ MARTÍNEZ CRISTIAN	2003	ARTEIXO	34.88	M 25	2023-11-05	CARBALLO CALERO	8	
25+										
1	1119327	SUAREZ FERNÁNDEZ SANTIAGO	1995	MOLEMOS	32.88	M 25	2023-11-05	Monforte	13	
2	1144193	PASTORIZA SANTACLARA JORGE	1997	RBAIXAS	33.54	M 25	2023-11-19	ÁLVARO PINO	10	
3	1037180	CARRERA COSTAS MARTIN	1996	NPONTEA	33.85	M 25	2023-11-19	ÁLVARO PINO	8	
4	1038178	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	40.88	M 25	2023-11-19	ÁLVARO PINO	7	
30+										
1	1110674	BORRAZAS RUMBO MANUEL	1993	NCORUÑA	31.12	M 25	2023-11-05	CARBALLO CALERO	13	
2	1037284	SABUZ FORNEIRO MARTIN	1994	POURENSE	31.46	M 25	2023-11-05	Monforte	10	
3	1107418	LAGO LOPEZ DIEGO	1991	NCORUÑA	33.95	M 25	2023-11-05	CARBALLO CALERO	8	
4	1130602	TENORIO FREIRE MARTIN	1992	GALAICO	34.55	M 25	2023-11-19	ÁLVARO PINO	7	
5	1241139	DIÉGUEZ GONZALEZ BRUNO	1990	CIDSANTI	38.26	M 25	2023-11-05	CARBALLO CALERO	6	
6	1249224	GONZALEZ SANCHEZ LUIS FEDERICO	1992	CIDSANTI	42.59	M 25	2023-11-05	CARBALLO CALERO	5	
7	1076271	NOVALES BLANCO XABIER	1991	RBAIXAS	44.78	M 25	2023-11-19	ÁLVARO PINO	4	
8	1222771	LAGO GONZALEZ IVAN	1993	NPONTEA	55.25	M 25	2023-11-19	ÁLVARO PINO	3	
35+										
1	1140778	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	32.05	M 25	2023-11-05	CARBALLO CALERO	13	
2	1191119	CAO LAGO PABLO	1987	RBAIXAS	35.96	M 25	2023-11-19	ÁLVARO PINO	10	
3	1136629	FIGUEIRA DOMINGUEZ JAVIER GUZMAN	1988	RBAIXAS	35.97	M 25	2023-11-19	ÁLVARO PINO	8	
4	1240711	MIRAS LOPEZ RAUL	1987	NCORUÑA	37.00	M 25	2023-11-05	CARBALLO CALERO	7	
5	1199549	MARTINEZ DOPAZO DAVID	1987	GALAICO	37.55	M 25	2023-11-19	ÁLVARO PINO	6	
6	1218108	IGLESIAS LAPIDO MIGUEL	1985	CFVLUGO	37.80	M 25	2023-11-05	Monforte	5	
7	1203519	KRUGLOV MYKOLA	1985	ESCUALOS	38.93	M 25	2023-11-05	Monforte	4	
8	1023057	PEREZ VAZQUEZ TELMO	1988	CMARINA	40.70	M 25	2023-11-05	CARBALLO CALERO	3	
9	1036745	BARCIA SIXTO FRANCISCO JOSÉ	1985	NTNARON	41.85	M 25	2023-11-05	CARBALLO CALERO	2	
10	1217936	PASCUAL DE PEDRO JORGE	1986	NPONTEA	42.66	M 25	2023-11-19	ÁLVARO PINO	1	
11	1219495	LAGO CARRERA RAMON	1985	RBAIXAS	43.54	M 25	2023-11-19	ÁLVARO PINO	0	
40+										
1	1038961	MARTINEZ PENA ADRIAN	1983	ADFOGAR	35.63	M 25	2023-11-05	CARBALLO CALERO	13	
2	1079215	MENDES FERRAS ARTUR LEONEL	1981	MOLEMOS	38.70	M 25	2023-11-05	Monforte	10	
3	1144789	MATIAS DUARTE ERICK	1982	HERCULES	38.81	M 25	2023-11-05	CARBALLO CALERO	8	
4	1224733	ARANGO GAYAR SAUL	1980	RBAIXAS	38.88	M 25	2023-11-19	ÁLVARO PINO	7	
5	1182358	CANOSA RODRÍGUEZ JUAN JOSÉ	1980	NTNARON	40.26	M 25	2023-11-05	CARBALLO CALERO	6	

6	1147216	GONZALEZ VICENTE RUBEN	1981	POR-MIÑA	42.00	M 25	2023-11-05	Monforte	5
7	1238677	MARIÑO GONZALEZ RAMÓN	1980	POURENSE	42.46	M 25	2023-11-05	Monforte	4
8	1199899	DOMINGUEZ PHILOCREON TICIANO	1981	CIDSANTI	42.49	M 25	2023-11-05	CARBALLO CALERO	3
9	1086712	FREIRE DONADO GUILLERMO	1984	CIDSANTI	42.53	M 25	2023-11-05	CARBALLO CALERO	2
10	1144584	ALVAREZ SILVA RUBEN	1981	ESCUALOS	42.77	M 25	2023-11-05	Monforte	1
11	1076542	GONZALEZ CONDE RODRIGO	1982	NPONTEA	44.94	M 25	2023-11-19	ÁLVARO PINO	0
12	1038913	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	45.38	M 25	2023-11-19	ÁLVARO PINO	0
13	1224734	SOTO REGUEIRA ROI	1983	RBAIXAS	45.71	M 25	2023-11-19	ÁLVARO PINO	0
14	1204315	TORRES FRAILE EMILIO	1984	MOLEMOS	46.77	M 25	2023-11-05	Monforte	0
15	1214823	GONZALEZ PEÑAS DAVID	1984	POR-MIÑA	47.05	M 25	2023-11-05	Monforte	0
16	1239346	CASTIÑEIRAS ACUÑA MIGUEL ANGEL	1981	GALAICO	49.17	M 25	2023-11-19	ÁLVARO PINO	0
17	1039360	POSE MATO CESAR	1983	ADFOGAR	57.36	M 25	2023-11-05	CARBALLO CALERO	0

45+

1	1143601	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	33.50	M 25	2023-11-05	Monforte	13
2	1076560	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	34.45	M 25	2023-11-19	ÁLVARO PINO	10
3	1010047	GARCIA REBOLO ALEJANDRO	1975	POURENSE	34.84	M 25	2023-11-05	Monforte	8
4	1053922	BAIZ ROCA GABRIEL	1979	ARTEIXO	35.54	M 25	2023-11-05	CARBALLO CALERO	7
5	1093446	VAZQUEZ IGLESIAS DANIEL	1979	RBAIXAS	35.95	M 25	2023-11-19	ÁLVARO PINO	6
6	1218110	HERMIDA SALIDO GUSTAVO	1977	NTNARON	37.76	M 25	2023-11-05	CARBALLO CALERO	5
7	1076564	CABANELAS EIRAS PABLO	1979	CIDSANTI	39.39	M 25	2023-11-05	CARBALLO CALERO	4
8	1201621	ALONSO ORTIZ MARIANO	1976	CFVLUGO	41.50	M 25	2023-11-05	Monforte	3
9	1075601	MOURIZ LOMBAO FCO. JAVIER	1975	POR-MIÑA	43.07	M 25	2023-11-05	Monforte	2
10	1145005	FERNANDEZ IGLESIAS EMILIO J.	1977	NPONTEA	43.94	M 25	2023-11-19	ÁLVARO PINO	1
11	1144269	LOPEZ PAYO MARIO	1977	SALESTRA	44.99	M 25	2023-11-05	Monforte	0
12	1178772	CARRERA RODRÍGUEZ RUBÉN	1979	NPONTEA	45.73	M 25	2023-11-19	ÁLVARO PINO	0
13	1127402	PEXEGUEIRO BALADRON NICOLAS	1977	CNMOS	45.85	M 25	2023-11-19	ÁLVARO PINO	0
14	1146802	PORTAS MUINELO CESAR	1978	POR-MIÑA	46.07	M 25	2023-11-05	Monforte	0
15	1215947	VAZQUEZ PEREZ LUIS FERNANDO	1979	CULLERED	46.60	M 25	2023-11-05	CARBALLO CALERO	0
16	1192271	MOURIÑO FORTES VICTOR MANUEL	1977	NPONTEA	47.14	M 25	2023-11-19	ÁLVARO PINO	0

50+

1	1076544	GARABATOS RODRIGUEZ SANTIAGO	1974	CNMOS	34.58	M 25	2023-11-19	ÁLVARO PINO	13
2	1197597	HERNAEZ OUBIÑA DAVID	1973	CULLERED	37.22	M 25	2023-11-05	CARBALLO CALERO	10
3	1144857	FERREIRO SUAREZ JAVIER M.	1973	CASINOC	38.62	M 25	2023-11-05	CARBALLO CALERO	8
4	1146934	DIEGUEZ ARANDA HECTOR	1973	POR-MIÑA	39.21	M 25	2023-11-05	Monforte	7
5	1038104	PEREZ ARIAS HECTOR	1971	POR-MIÑA	39.58	M 25	2023-11-05	Monforte	6
6	1144117	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	40.92	M 25	2023-11-19	ÁLVARO PINO	5
7	1178895	CRESPO PÉREZ ALBARINO	1970	ESCUALOS	41.26	M 25	2023-11-05	Monforte	4
8	1180239	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	TRICORUÑ	41.57	M 25	2023-11-05	CARBALLO CALERO	3
9	1141504	BOUSO FUENTECILLA FERNANDO	1971	ESCUALOS	41.76	M 25	2023-11-05	Monforte	2
10	1079343	MOURIÑO ORTIGUERA ROBERTO C.	1974	NPONTEA	42.34	M 25	2023-11-19	ÁLVARO PINO	1
11	1141356	GENDE DIAZ JUAN F.	1970	ADFOGAR	44.30	M 25	2023-11-05	CARBALLO CALERO	0
12	1078844	FERNÁNDEZ FERNÁNDEZ JOSÉ LUIS	1974	CIDSANTI	46.57	M 25	2023-11-05	CARBALLO CALERO	0

13	1144698	CADAVID NUÑEZ JOSE	1970	POURENSE	47.26	M 25	2023-11-05	Monforte	0
14	1078814	CANOSA RODRIGUEZ ALFONSO J.	1971	ADFOGAR	47.81	M 25	2023-11-05	CARBALLO CALERO	0
15	1127107	AÑON POSE JOSE FDO.	1970	ADFOGAR	47.87	M 25	2023-11-05	CARBALLO CALERO	0
16	1196051	BELISARIO PERAZA RAFAEL E	1972	ADFOGAR	48.94	M 25	2023-11-05	CARBALLO CALERO	0
17	1145039	FERREIRO SANCHEZ LUIS	1970	POURENSE	53.35	M 25	2023-11-05	Monforte	0
18	1208795	LORENZO GONZALEZ-VISO CARLOS	1971	POURENSE	53.88	M 25	2023-11-05	Monforte	0

55+

1	1076516	JORGE IGLESIAS MARCELINO	1966	RBAIXAS	34.75	M 25	2023-11-19	ÁLVARO PINO	13
2	1106827	GARCIA AÑON J. RAFAEL	1967	ADFOGAR	44.76	M 25	2023-11-05	CARBALLO CALERO	10
3	1246079	ESPESO LANCE JUAN CARLOS	1966	CMARINA	46.09	M 25	2023-11-05	CARBALLO CALERO	8
4	1143966	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	49.73	M 25	2023-11-19	ÁLVARO PINO	7
5	1203919	CRESPO PIÑEIRO NATALIO	1969	RBAIXAS	50.68	M 25	2023-11-19	ÁLVARO PINO	6
6	1106828	TRILLO CARLIN JOSE FDO.	1968	ADFOGAR	52.76	M 25	2023-11-05	CARBALLO CALERO	5
7	1075593	PIROSCIA PENADO JOSE	1966	POR-MIÑA	54.66	M 25	2023-11-05	Monforte	4

60+

1	1079361	RODRIGUEZ GOMEZ EMILIO	1961	NPONTEA	47.13	M 25	2023-11-19	ÁLVARO PINO	13
2	1075589	SANCHEZ VAZQUEZ JESUS	1962	POR-MIÑA	52.37	M 25	2023-11-05	Monforte	10
3	1144940	HERNANZ MORAL FAUSTO	1962	RBAIXAS	54.79	M 25	2023-11-19	ÁLVARO PINO	8
4	1106829	RODRIGUEZ FERNANDEZ FCO. XABIER	1964	ADFOGAR	56.71	M 25	2023-11-05	CARBALLO CALERO	7
5	1207046	BARRERAS GARCIA REBOREDO JUAN FELIX	1961	RBAIXAS	1:02.41	M 25	2023-11-19	ÁLVARO PINO	6

65+

1	1048207	ROS ROSILLO ALEJANDRO	1958	RBAIXAS	40.48	M 25	2023-11-19	ÁLVARO PINO	13
2	1174449	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	40.87	M 25	2023-11-05	CARBALLO CALERO	10
3	1141150	RODRIGUEZ VIEITO RICARDO M.	1957	CNMOS	50.52	M 25	2023-11-19	ÁLVARO PINO	8
4	1222391	AREA PEREIRA JOSE MANUEL	1957	GALAICO	1:08.78	M 25	2023-11-19	ÁLVARO PINO	7

70+

1	1240096	IVANCHENKO YURII	1953	POURENSE	48.59	M 25	2023-11-05	Monforte	13
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75+

1	1076487	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	50.02	M 25	2023-11-19	ÁLVARO PINO	13
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80+

1	1143430	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:17.47	M 25	2023-11-19	ÁLVARO PINO	13
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9. 4x50 m Libre Mixta

+80									
1	C. N. FERROL	CNFERRO	1:48.95	M 25	2023-11-05	CARBALLO CALERO	26		
	LOSADA JIMÉNEZ SERGIO (2004)	50L: 25.50							
2	C. N. PONTEAREAS	NPONTEA	1:53.57	M 25	2023-11-19	ÁLVARO PINO	20		
	IBAÑEZ CARRERA SARA (2001)	50L: 30.40							
+100									
1	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:07.95	M 25	2023-11-19	ÁLVARO PINO	26		
	MENDEZ SEIJO NEREA (1999)	50L: 32.79							
2	C. N. PONTEAREAS	NPONTEA	2:09.55	M 25	2023-11-19	ÁLVARO PINO	20		
	IBAÑEZ CARRERA MANUEL GABRIEL (1996)	50L: 29.06							
+120									
1	C. N. CORUÑA	NCORUÑA	1:52.95	M 25	2023-11-05	CARBALLO CALERO	26		
	BORRAZAS RUMBO MANUEL (1993)	50L: 25.33							
2	C. N. GALAICO	GALAICO	1:58.18	M 25	2023-11-19	ÁLVARO PINO	20		
	GARCIA MIGUEZ ROSALIA (1998)	50L: 30.68							
3	C. N. MONFORTE DE LEMOS	MOLEMOS	2:06.48	M 25	2023-11-05	Monforte	16		
	BALLESTER IBAÑEZ EDGAR (1991)	50L: 25.55							
4	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:09.68	M 25	2023-11-19	ÁLVARO PINO	14		
	LAGO LOPEZ RAQUEL (1995)	50L: 32.40							
5	C. N. PONTEAREAS	NPONTEA	2:12.54	M 25	2023-11-19	ÁLVARO PINO	12		
	GESTO ALONSO CLARISA (1989)	50L: 33.89							
6	C. N. MONFORTE DE LEMOS	MOLEMOS	2:15.23	M 25	2023-11-05	Monforte	10		
	MENDES FERRAS ARTUR LEONEL (1981)	50L: 29.12							
7	C. N. ESCUALOS	ESCUALOS	2:18.43	M 25	2023-11-05	Monforte	8		
	PAZOS ALONSO JOSUE (1986)	50L: 29.37							
8	C. N. PORTAMIÑA LUGO	POR-MIÑA	2:18.59	M 25	2023-11-05	Monforte	6		
	RAMOS LOBO RAQUEL (1993)	50L: 30.73							
+160									
1	AGRUP. DEP. NÁUTICO DE NARÓN	NTNARON	2:02.60	M 25	2023-11-05	CARBALLO CALERO	26		
	RIVAS TENREIRO ARANTZA (1989)	50L: 31.42							
2	C. FLUVIAL LUGO	CFVLUGO	2:09.42	M 25	2023-11-05	Monforte	20		
3	C. N. ESCUALOS	ESCUALOS	2:12.10	M 25	2023-11-05	Monforte	16		
	NOGUEIRA-PINTO CRESPO HUGO (1978)	50L: 28.73							
4	C. MARINA FERROL	CMARINA	2:12.23	M 25	2023-11-05	CARBALLO CALERO	14		
	HERMIDA RODRIGUEZ BLANCA (1981)	50L: 31.92							
5	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:15.27	M 25	2023-11-19	ÁLVARO PINO	12		
	TORRE GONZALEZ ELISA (1985)	50L: 37.86							

6	AGRUP. DEP. FOGAR COTELO SENANDE ALBERTO (1988)	ADFOGAR 50L: 29.81	2:17.67	M 25	2023-11-05	CARBALLO CALERO	10
7	SPORTING C. CASINO VINAGRE SENDINO CORA (1988)	CASINOC 50L: 33.11	2:20.98	M 25	2023-11-05	CARBALLO CALERO	8
8	C. N. PONTEAREAS MOURIÑO FORTES VICTOR MANUEL (1977)	NPONTEA 50L: 32.06	2:33.02	M 25	2023-11-19	ÁLVARO PINO	6
9	C. N. CULLEREDO LAMAS SOTO CESAR (1975)	CULLERED 50L: 32.12	2:34.67	M 25	2023-11-05	CARBALLO CALERO	4
10	C. TRAVIESAS N. BARJA BARJA LILIANA (1965)	CTRAVIE 50L: 41.03	2:41.48	M 25	2023-11-19	ÁLVARO PINO	2

+200

1	C. DEP. N. CIDADE DE SANTIAGO FERNANDEZ NUÑEZ SANTIAGO (1963)	CIDSANTI 50L: 28.73	2:02.00	M 25	2023-11-05	CARBALLO CALERO	26
2	C. N. VIGO RÍAS BAIXAS HERNANDEZ ALFAGEME RITA (1971)	RBAIXAS 50L: 36.54	2:17.09	M 25	2023-11-19	ÁLVARO PINO	20
3	C. N. PONTEAREAS MOURIÑO ORTIGUERA ROBERTO C. (1974)	NPONTEA 50L: 31.87	2:24.72	M 25	2023-11-19	ÁLVARO PINO	16
4	C. N. ESCUALOS BOUSO FUENTECILLA FERNANDO (1971)	ESCUALOS 50L: 35.63	2:29.27	M 25	2023-11-05	Monforte	14
5	C. HÉRCULES TERMARIA SUANZES PEREZ FERNANDO (1953)	HERCULES 50L: 36.05	2:33.23	M 25	2023-11-05	CARBALLO CALERO	12
6	C. N. GALAICO BETHENCOURT IGLESIAS SERGIO (1963)	GALAICO 50L: 32.37	2:38.86	M 25	2023-11-19	ÁLVARO PINO	10

+240

1	C. N. PONTEAREAS RODRIGUEZ BALIÑA MARCOS (1971)	NPONTEA 50L: 32.79	2:37.31	M 25	2023-11-19	ÁLVARO PINO	26
2	C. N. MOS RODRIGUEZ LEMOS ANDRES J. (1949)	CNMOS 50L: 42.41	2:49.08	M 25	2023-11-19	ÁLVARO PINO	20
3	C. N. PABELLÓN OURENSE ACEVEDO REGO ERMITAS (1966)	POURENSE 50L: 50.64	3:06.94	M 25	2023-11-05	Monforte	16

+280

1	C. TRAVIESAS N. GONZALEZ-ALEGRE BURGUEÑO ANA MARIA (1952)	CTRAVIE 50L: 46.18	3:06.03	M 25	2023-11-19	ÁLVARO PINO	26
2	C. N. PONTEAREAS RODRIGUEZ GOMEZ EMILIO (1961)	NPONTEA 50L: 40.71	4:03.94	M 25	2023-11-19	ÁLVARO PINO	20
3	C. N. VIGO RÍAS BAIXAS PEREZ DOMINGUEZ MARIA LUISA (1944)	RBAIXAS 50L: 2:07.80	5:42.80	M 25	2023-11-19	ÁLVARO PINO	16